

2018 SUNSMART POLICY

Rationale:

Skin damage and skin cancers are caused as a result of cumulative exposure to UV radiation. Most skin damage and skin cancers are preventable if we take some important precautions. At Athelstone School, hats are to be worn in Terms 1, 3 and 4 and when the UV radiation level is at 3 or above, with UV radiation levels monitored closely during May.

As a school we will ...

- ensure sun protection lessons are part of the classroom programme, including monitoring UV
- provide shaded play areas or indoor areas on high risk sun exposure days and encourage students to use available shade
- regularly promote SunSmart practices in newsletters, at assemblies and in classrooms
- induct families and new staff into our sun protection policy
- consider the availability of shade when planning excursions and events
- enforce the wearing of broad brimmed hats for staff and students when UV is at 3 or above
- recommend SPF 30+ or SPF 50+ broad spectrum and water resistant sunscreen be applied 20 minutes prior to going outside when the UV levels are at 3 and above
- Sunscreen will be reapplied every 2 hours or more often during water activities

In the yard we will ...

- remind children about the need to wear their hat and sunscreen
- re-direct children not wearing hats to shaded play areas
- model good practice by wearing a broad brimmed hat, sun protective clothing, sunglasses and sunscreen while on duty
- acknowledge those children who are wearing hats and sunscreen

Students will ...

- bring a broad brimmed hat from home or seek help to access one
- actively participate in lessons about sun protection
- remember to wear a hat and sunscreen before going outside when the UV radiation level is at 3 or above
- play in a shaded area or wear a hat and sunscreen

Parents will ...

- provide a broad brimmed hat for their children to wear or seek help to access one
- encourage their children to wear a hat and sunscreen in Terms 1, 3 & 4 or to play in the shade
- model sun protection practices
- provide and encourage sun protective clothing (e.g. Shirts with collars and longer sleeves and longer-style shorts and skirts)

This SunSmart Policy is reviewed regularly (at least every 3 years) to ensure that the information remains current and relevant. (Next Review is in November 2019).