



Athelstone
School

EXCELLENCE | RESPECT | RESPONSIBILITY | INTEGRITY

ISSUE 1 - 7th February 2018

Newsletter



Diary Dates

Acquaintance Night
Tuesday 13th February
5:45pm

Assembly
Wednesday 14th February
2:15pm

Assembly
Thursday 8th March
2:15pm

March Public Holiday
Monday 12th March

Pupil Free Day
Tuesday 13th March

Sports Day
(Note change of date)
Friday 23rd March

**Young Leaders Day -
SRC Executive Students**
Tuesday 27th March

Good Friday
Friday 30th March

Easter Monday
Monday 2nd April

Athelstone School

8 Brookside Rd,
Athelstone, SA, 5076

Tel: (08) 8337 3300

or (08) 8337 1002

Mobile: 0429 324 428

(Voice or Text Message only)

Fax: (08) 8337 0030

dl.0419_info@schools.sa.edu.au

www.athelstone.sa.edu.au

Principal

Gyllian Godfrey

Governing Council

Chairperson

David Evans

Staffing

What a whirlwind start to 2018. The picture above is worth the 1000 words as we move through Week 2. Thank you for the warm welcomes I have received since starting. As you may be aware we are without a Deputy, so thank you also for your patience while things begin to settle. We hope to have someone in place by the beginning of Week 4, at the latest.

I would like to welcome the following new staff;

Sarah Jones - Year 2/3, Room 7

Kate Gladstone - Year 3/4, Room 9

Andrew Moulds - Year 6/7, Room 16

Lorna Porter returns to teaching in Room 11 (Year 6/7).

Jane Fitzgerald has been re-appointed to the Quality Teaching and Learning Coordinator as well as providing support for our EALD (English as an Additional Language/Dialect) children.



2018 Pupil Free Days

There are a number of pupil free days still to come this year, please note them in your calendars and book in for OSHC if required.

The days are Tuesday March 13, Wednesday May 30, Monday July 30 and a school closure day for the Royal Adelaide Show on Friday September 7.

These days have been provided by DECD in order to further support the implementation of the Australian Curriculum, build on the exemplary work we already do and ensure that there is effective practice in every school for every learner.

On March 13 we will be engaging in learning to support the development of skills in designing and assessing learning through rigorous discussion of student learning. May 30 sees us continue to work with Stephen Graham towards better writing outcomes and on July 30 we revisit numeracy, continuing our work with Tierney Kennedy and Leah O'Neill.

Monday's pupil free day was a great start in examining the ways in which we uncover learners mathematical misconceptions and how we can structure learning to encourage the building of new knowledge while continuing to strengthen the skills they already have. Learning through the proficiencies of Problem-solving, Reasoning, Understanding and Fluency is fundamental to good learning in mathematics. You can find out more about the proficiencies in <https://www.australiancurriculum.edu.au/f-10-curriculum/mathematics/> and more about Tierney Kennedy from here <https://www.backtofrontmaths.com.au/>

Acquaintance Night

Athelstone School Acquaintance Night is next Tuesday. It is a fabulous opportunity to meet the staff and other parents, especially if you are new to the community. I am looking forward to sharing a slice of pizza with you all.

The social part of the night will be hosted by our Governing Council. Drinks and pizza slices will be available. Order forms were sent home to families today and orders need to be returned to the front office by Friday 9th February. We realise this is a tight turnaround and appreciate your understanding.

Please be reminded that this evening is for parents. We prefer that children are not involved in teacher information sessions. For those families who are unable to make alternative supervision arrangements for their child/children a crèche service (ages 4+) will be provided by OSHC for a gold coin donation.



Government of South Australia
Department for Education and
Child Development

Allergies

Concern with regards to children who have allergies in schools is a growing issue as the number of children at risk appears to be growing. It has always been the policy of this school to make the safety and well-being of our students our top priority.

We currently have five students at Athelstone School who because of their risk of a severe allergic reaction have an EpiPen at school. Their allergies are varied but the main triggers include **nuts, eggs and kiwi fruit**. If your child / children are in the same class as any of these students, you would have received a letter advising you of the allergy and providing safety guidelines about food which should not be sent to school. We trust that you understand how deeply important it is to respect and adhere to these guidelines.

We ask that all parents / caregivers check with your child's teacher before bringing food to share at school (eg. birthday / party food) whether there is a child with a severe allergy in the class or not.

Road Safety

Follow the signs in front of the school and please park and drive safely for everyone's safety.....

Please be aware of the need to be hyper vigilant around our pick up zones as we have over 400 children exiting the school grounds between 3:10pm and 3:30pm daily. The safety of all of our children must not be forgotten in the daily rush of life.

- **ALWAYS** use the crossing
- **ALWAYS** hold the hand of your toddlers near the road.
- **ALWAYS** observe the 2 minute time limit in the 'Kiss & Drop' Zone
- **NEVER** double park.
- **NEVER** leave your vehicle blocking the road whilst you walk into the school to collect your child.
- **The staff car park is not for parent use.**

As our school has grown over the last few years, the amount of traffic in front of the school at drop off and pick up time has also grown. We are currently in consultation with Campbelltown Council about the possibility of extending the 'Kiss and Drop' Zone and we will keep you informed of any proposed changes.

How to help keep SCHOOLMATES who have FOOD ALLERGIES safe

- 1 Don't share your food with friends who have food allergies.
- 2 Don't forget to wash your hands after eating.
- 3 Know what your friends are allergic to.
- 4 If a Schoolmate who has allergies becomes sick, get help straight away. (Even if they don't want you to.)

For more information about Food Allergies contact 1300 738 000 or visit allergylocks.org.au

Allergy & Anaphylaxis Association
Mafe
Uniting Allergy Treatment Paths



Reporting Absences

If your child is going to be absent from school for any reason, please let us know. To report student absences, you can leave a message on our answering machine at any time. The answering machine number is 8337 8546. You can also leave a voice message or text message on our mobile phone no. 0429 324 428. Please advise your child's name, room number and reason for absence. Thank you.



2nd Hand Uniform

We are currently accepting donations of 2nd hand uniforms. If you have uniform items that are still in good condition that you would like to donate, please leave them at the front office. Special thanks to Anita Monto who volunteers her time to sort through and wash the donated clothing.

If anyone has a clothing rack/s they are willing to donate that would also be appreciated. This will enable us to display more 2nd hand items in the Uniform Shop.

We are also looking for volunteers to work in the uniform shop on Wednesday mornings. Full training will be provided, if you are interested, please ask at the front office.

#SID2018 Safer Internet Day 2018

This week marked Safer Internet Day. After recent events, locally and nationally, it is even more important to work together to ensure the internet is safe for everyone, in particular, from cyberbullying. This year's message is "Create, connect and share respect: A better internet starts with you". The internet is a great space to positively connect with others, create and share new learning and achievements and make a positive impact on the world, at the same time there are risks.

I am currently working with Karin on some strategies to support parents/caregivers as your children enter into these new spaces and I look forward to sharing these with you in due course. In the meantime please visit <https://www.esafety.gov.au/education-resource/iparent> for the latest facts and stats, ways to manage devices and strategies used by other parents.

I have spoken to all of the Year 6/7 students around responsibilities, expectations of internet use at school and out of school and the consequences when these aren't met. I have also emphasised the need to report, immediately any inappropriate online behaviour that puts themselves or others at risk.

'Create, connect and share respect: A better internet starts with you'



Safer Internet Day 2018

Parent Key Communicators (PKC)

Our Parent Key Communicators play an important role in our school. Each class has a volunteer parent representative who works with their child's teacher to liaise and communicate class information with other classroom parents.

Nominations for 2018 Parent Key Communicators are now open. If you are interested in becoming a PKC for your child's class please refer to the information and nomination form at the end of this newsletter.

Please return your nomination form into the front office by Friday 16th February.

If you would like further information please contact Jo Symes on 0414 502 812 or jo1977@adam.com.au

Calling all footy players!

Are you the next Eddie Betts or Erin Phillips?

Any student interested in joining the year 6/7, 4/5 or 2/3 team, please complete a sports form at the front office before the end of week 5!

Training will commence from week 8, term one (day/time to be confirmed but last year it was 8:00am Thursday's), with the games commencing in term 2

Year 1's may be able to join the 2/3 footy team if there are insufficient numbers. Please also complete a sports form by week 5 to register your interest.

Any parents interested in coaching, or for more information, please contact Kate Jones on 0429 498 301 or ckjones06@hotmail.com



Governing Council Report

On Tuesday 5 December 2017 the Governing Council held its Annual General Meeting.

We welcomed new member Susan Cockshell and farewellled Nicky Smith and Keith Lai.

The 2018 Athelstone School Governing Council consists of parent members David Evans as Chair, Lara Farrell as Deputy Chair, Bec Morrison as Secretary, Kate Jones as Treasurer, Bel Argent, Bradley Slape, Jo Symes, Kathryn Major, Liz Kraft, Mimi Farah & Susan Cockshell and staff members Gyllian Godfrey, Bryce Wait and the soon to be appointed acting Deputy Principal. Donna Heuer is an observer as the school's Business Manager.

The Governing Council has the required number of members according to its constitution however there are a number of positions available for parent representatives on the following sub-committees:

- Assets & Policy
- Strategic Planning
- OSHC
- Finance
- Sport
- Parents & Friends

These committees are a fantastic opportunity to have input into your child's education and out of school hours activities and gain insight into the school's decision making processes.

Our parent community is pivotal to shaping the direction of the school and ensuring that our children receive the maximum benefit from their time at Athelstone School.

Please leave your name and contact details at the front office if you are able to contribute in any way.

2017 Book Drive

Our new readers have now arrived and those students who participated will be able to choose a book next Thursday 22nd February in the library.

Thank you to the students and parents for supporting this program in 2017.



Ignite Program ignite

STEM | CHESS CLUB | FIRST LEGO LEAGUE | STAR GROUP



Register now for the 2018 IGNITE TEST (for Year 8 2019)
 Saturday 24th February
 The online registration form can be accessed from our website
www.theheights.sa.edu.au/ignite

THE HEIGHTS SCHOOL
 Preschool - Year 12
Meeting the needs of gifted & talented students

P: (08) 8263 6244
 E: dl.1430.ignite@schools.sa.edu.au

GAIN MOMENTUM PILATES

In Athelstone with Nic Crocker

Starting in February 2018

Pilates Classes for beginners/intermediates
 Tues/Fri mornings at 9:15 or 10:15am
 Sat mornings at 9:30 or 10:30am

Let me know which class you'd like to attend at
 facebook@gainmomentumpilates.com.au
 Email: gainmomentumpilates@gmail.com
 Ph: 0416 131 343

Introductory 5 class pass \$50
 5 class pass \$60
 Casual classes \$14 per hour



SPECIAL INTEREST PROGRAMS 2019
NORWOOD MORIALTA HIGH SCHOOL
INFORMATION EVENING
 Wednesday 21 February 2018
 7.00pm
 Middle Campus Resource Centre
 Morialta Road West, Rostrevor

We are proud to offer three Special Interest Programs:

Accelerated STEM Program
 Students complete middle schooling in two years with a focus on inquiry and integrated Science, Technology, Engineering and Mathematics (STEM) learning.

Italian Immersion Program
 Students undertake an integrated program in Italian and Humanities.

Rowing Program
 Students study rowing as a physical education subject and participate in Rowing Regattas.

Karin's Corner

Hi everyone,

Hoping you all had a relaxing holiday break and a lovely Christmas time.

It's great to be back at Athelstone School. I have been very fortunate over the past years to feel so welcomed and supported by the staff, students and parents. I am looking forward to getting to know everyone even better in the upcoming terms, especially our new students and staff.



For those parents who are not sure of my role in the school, for the past 6 years I have been the Pastoral Support Worker here at Athelstone. My role in the school is the following;

- To be a support to students and staff in any way possible. I am fortunate to have a flexible day where most times I can be where I may be needed.
- I am here to be a listener, supporter and carer, working with staff and others in our community to help if needed.
- Run programmes and strategies that meet the needs of children in this school.
- Be a representative for local community services and supporting churches in our area.

These are just some of the areas that I work in, but if you have any queries or questions about my role, please call via the school, or come and see me. My office is on level 1, right at the top of the stairs in the Torrens Building. With Acquaintance Night on Tuesday, it will be a great opportunity to come and have a chat with me if you have any questions or concerns.

I hope you have all had a positive start to our school year and that it continues throughout the term.

All the best and hope to see around the school.

All the best,

Karin Williams. (PCW)





Athelstone
School

8 Brookside Rd, Athelstone, SA, 5076
Telephone: (08) 8337 3300
Fax: (08) 8337 0030

dl.0419_info@schools.sa.edu.au
www.athelstone.sa.edu.au
Courier: Eastern Adelaide Region

Parent Key Communicator Nomination Form

In 2018 we are aiming to continue the Parent Key Communicators program within the school. The main role of the PKC is to enhance communication and help foster contact between parents in the class, and for the exchange of social information within the school.

The role may include, promoting class programs e.g reading groups, organising parental help with a variety of yearly events including fundraising, class parties, sports day, SAPSASA events and arranging joint teacher gifts for those parents wanting to contribute.

Paramount to the role is to support the class teacher by providing accurate information to the other parents regarding the good things happening in our school and in their class.

Support will be provided to new and existing PKC's throughout the year.

You can also contact the Parent Key Communicator Coordinator Jo Symes to discuss any further queries.

jo1977@adam.com.au 0414 502 812

As a school volunteer you will be required to complete and submit a police clearance form. If you already have a Police clearance, a copy will need to be provided to the front office.

If you are interested in becoming a Parent Key Communicator for a class, please provide your details below

TEACHER _____ ROOM NO./YR LEVEL _____
YOUR NAME _____ CHILD'S NAME _____
EMAIL _____ PHONE _____

Many thanks

Jo Symes

PKC Coordinator 2018



**Government
of South Australia**
Department for Education
and Child Development

Athelstone Bakehouse are able to provide school lunches on Monday, Wednesday and Friday each week.

The bakery collects lunch orders from school on Monday, Wednesday and Friday mornings by **9:15am**.

Lunches are prepared by the bakery and delivered to school by 11:20 am.

**WE ARE NOT ABLE
TO ACCEPT LATE
LUNCH ORDERS**

Write the order clearly on a lunch bag, include your child's name and room number. Try to provide correct money if possible.

Athelstone
School

**CANTEEN
MENU**



2018

LUNCH AVAILABLE
**MONDAY ,
WEDNESDAY AND
FRIDAY ONLY**

HOT FOODS

Hot Chicken Roll (lettuce & mayo)	4.50
Chicken Burger (lettuce, tomato & mayo)	3.50
Plain Hot Dog WITH SAUCE	3.50
Hot Dog (NO SAUCE)	3.20
Vegetarian Quiche (spinach & mushroom)	3.00
Quiche Lorraine (bacon & cheese)	3.00
Hot Spud (bacon & cheese)	3.70
Hot Spud (pineapple & cheese)	3.70
Corn Cob	0.80
Pizza Bun (Supreme or Hawaiian)	2.00
Chicken or Potato Pie	3.40
Plain Pasty or Cornish Pasty	3.40
Plain Beef Pie	3.30
Sausage Roll	2.80
Mini Pie/Pasty/Sausage Roll	1.00

PASTA DISHES

Lasagna	3.80
Spaghetti	3.80

SNACKS

Finger Buns (Plain/Fruit) (Icing/No Icing)	1.10
Muffins (Apple or Chocolate)	1.40
Carrot & Walnut Cake (No Icing)	2.00
Fruit Salad (Seasonal Fruit)	3.80
Cheesy mite scroll	2.00
Bacon & Cheese Roll	1.00
Half Garlic Bread	1.00
Ingham Chicken Nuggets (each)	0.80

FILLINGS

	Sandwiches	Rolls
Cheese	2.00	2.20
Ham or Beef	3.30	3.50
Chicken	3.30	3.50
Tuna	3.50	3.70
Egg & Lettuce	3.50	3.80
Vegemite	2.00	2.20
Salad: lettuce, tomato, cucumber	3.80	4.00
Ham & Salad	4.50	4.80
Beef & Salad	4.50	4.80
Chicken & Salad	4.50	4.80
Fritz & Sauce	2.80	3.00

EXTRAS

Cheese	0.70
Tomato	0.50
Cucumber	0.50
Pickled Onion	0.50
Egg	0.80
Gherkin	0.50
Grated Carrot	0.50
Beetroot	0.50
Lettuce	0.30
Mayonnaise	0.20

HEALTHY SALAD PACKS*

Tuna, with salad plus dinner roll (tray)	6.50
Ham, with salad plus dinner roll (tray)	6.00
Beef, with salad plus dinner roll (tray)	6.00
Chicken, with salad plus dinner roll (tray)	6.00
Cheese, with salad plus dinner roll (tray)	5.50
Cold Roll (pack of 3) (prawn or chicken)	5.50

***SALAD:** tomato, cucumber, lettuce, cheese, grated carrot and pickled onion

***DINNER ROLL:** whole meal or white

DRINKS

100% Apple/Orange Juice box	1.80
400ml Juice (Orange, Apple or Blackcurrant)	3.00
600ml—Mount Franklin Spring Water	2.50

FLAVOURED MILK "LOW FAT"

375ml—Chocolate, Strawberry or Banana	2.80
'BIG M' 250ml—Chocolate or Strawberry	2.20

EXTRAS (OTHER)

Mustard	0.30
Tomato Sauce (take away)	0.30
Tomato Sauce (in food)	0.10
Lunch Bags Available (10 bags)	0.60
Double Cut Rolls Extra	2.00

ONLY FOOD FROM THE LUNCH LIST WILL BE SUPPLIED ☺



ATHELSTONE BAKEHOUSE
 SHOP 3, 320 GORGE ROAD
 ATHELSTONE 5076
 PH: 8365 8380